

# Moving On Aerobics

Dances down Broadway in NYC's Annual Dance Parade

Saturday May 22nd 2010

Please join Dr. Martha Eddy & Movement for Life  
instructors

As We Dance Down Broadway doing the familiar dance  
moves from our MOA Class

Last year our teams age range was from

**50-75 years young**

We will meet at MovingOnCenter/Movements Afoot: 49 West 27<sup>th</sup> Mezz B

Time: 11:45am (or come early if you want to practice)

**On Saturday, May 22, 2010** over 70 styles of dance, over 200 dance organizations, and over 10 thousand dancers will converge on the streets of New York City for a free outdoor dance parade and festival!

We will boogie our way down Broadway past Union Square and into University Place. At Eighth Street we will Strut to Saint Marks Street. Our floats will have afternoon shoppers wigglin as they watch us get down in the heart of the East Village. A straight shot from there brings us to DanceFest in Tompkins Square Park. At DanceFest we will come together and celebrate watching free dance performances, be able to take free dance lessons and enjoy a Dance Party.

Join Moving On Aerobics of Moving On Center  
in Moving On Down Broadway

It is important to RSVP for Dance Parade by calling CKE (212 414 2921) or emailing [info@wellnesscke.net](mailto:info@wellnesscke.net) Please let us know if you are bringing any friends!